

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 06/14/2007  
FORM APPROVED  
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  145468	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED  C 06/05/2007
NAME OF PROVIDER OR SUPPLIER  CAMBRIDGE NURSING & REHAB CENTER		STREET ADDRESS, CITY, STATE, ZIP CODE 9615 NORTH KNOX AVENUE SKOKIE, IL 60076	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)

F 000 INITIAL COMMENTS

F 000

Complaint Investigation #0791784/IL28444

A partial extended survey was conducted.

F 309 483.25 QUALITY OF CARE

F 309

SS=J

Each resident must receive and the facility must provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychosocial well-being, in accordance with the comprehensive assessment and plan of care.

This REQUIREMENT is not met as evidenced by

Based on interviews and record reviews, the facility failed to provide appropriate emergency medical intervention by ensuring that cardio-pulmonary resuscitation (CPR) was implemented according to standards set by American Heart Association for one resident (R1) on 4/12/07. Facility failed to assist cardiac compression with ventilation because of unavailable resuscitator, failed to place resident on backboard for effective compression because of unavailability. Nurse who came upon the code, left without initiating CPR and there is evidence from interviews that CPR was started and stopped during the code.

The failure of staff to provide appropriate, acceptable standard of CPR and failure to provide immediate accessibility for resuscitator and cardiac board for R1 placed other residents in the facility at risk. Immediate Jeopardy was called on 6/4/07 at 12:05 P.M. to E18 ( administrator), E1(Director of Nursing) and E19 ( customer relations).

7-6-07

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  
*Rudolf Sarsden* ADMINISTRATOR TITLE  
06/28/07 (X6) DATE

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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~~F 309 Continued From page 9  
staff nurses and CNA on 6/4/07 up to 6/5/07, the additional CPR boards and resuscitators, the new updated nurses' key rings as well as the updated contents of each crash cart.  
  
These policies and procedures will be reviewed and monitored by the Quality assurance program for any patterns or trends that require additional investigation. The DON and ADON will monitor for compliance on a monthly basis and reviewed at the quarterly meeting on an ongoing basis.  
  
8) The Director of Nursing and or designee will ensure that all licensed nurses are current with their CPR licenses.  
  
9) Emergency cart storage will have a special lock to be installed with an estimated work completion of 7-10 days after the acceptance of work order on 6/4/07. This special lock will require only to press the code for the door to open.~~

F 309

F9999 FINAL OBSERVATIONS

F9999

LICENSURE VIOLATIONS

- 300.1030a)2)
- 300.1030b)
- 300.1210a)

300.1030 Medical Emergencies

- a) The advisory physician or medical advisory committee shall develop policies and procedures to be followed during the various medical emergencies that may occur from time to time in long-term care facilities. These medical emergencies include, but are not limited to, such things as:
  - 2) Cardiac emergencies (for example, ischemic

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F9999	<p>Continued From page 10</p> <p>pain, cardiac failure, or cardiac arrest).</p> <p>b) The facility shall maintain in a suitable location the equipment to be used during these emergencies. This equipment shall include at a minimum the following: a portable oxygen kit, including a face mask and/or cannula; an airway; and bag-valve mask manual ventilating device.</p> <p>300.1210 General Requirements for Nursing and Personal Care</p> <p>a) The facility must provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychosocial well-being of the resident, in accordance with each resident's comprehensive assessment and plan of care. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>These requirements are not met as evidenced by:</p> <p>Based on interviews and record reviews, the facility failed to provide appropriate emergency medical intervention by ensuring that cardio-pulmonary resuscitation (CPR) was implemented according to standards set by American Heart Association for one resident (R1) on 4/12/07. Facility failed to assist cardiac compression with ventilation because of unavailable resuscitator, and failed to place resident on backboard for effective compression because of unavailability. Nurse who came upon the code, left without initiating CPR and there is evidence from interviews that CPR was started and stopped during the code.</p>	F9999		
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F9999	<p>Continued From page 11</p> <p>Findings Include:</p> <p>R1 was a 77 year old female with diagnoses of COPD (chronic obstructive pulmonary disease) asthma and HTN (hypertension). R1 was readmitted to the facility on 11/29/06.</p> <p>R1 was unresponsive, not breathing, no pulse, and with no detectable blood pressure on 4/12/07 at approximately 8:30 P.M. R1 was given initial cardiac compression without air ventilation because the resuscitator was not available. Furthermore, the staff had to stop cardiac compressions to R1 because the cardiac-resuscitation board was not immediately accessible. R1's CPR was ceased for approximately 4 minutes due to non-availability of the resuscitator and the CPR board per staff interview. It also took approximately 5-10 minutes before appropriate CPR was implemented when R1 had a cardiac arrest per interview. R1 was a full code. R1 was transported to immediate care hospital by the paramedics. R1 left the facility with paramedics at 9:03 P.M. with still no vital signs and was later pronounced dead at the hospital at 9:20 P.M. on 4/12/07.</p> <p>The following was documented in R1's chart: "4/12/07, 6:00 P.M.: (R1) up in DR(dining room), appetite good per self. Alert and responsive. No distress noted. 8:00 P.M.: made comfortable in for night. 8:30 P.M.: CNA (certified nurse assistant) making rounds found resident (R1) unresponsive, no BP (blood pressure), no pulse, no respiration, 911 called, CPR started. Paramedics here, transferred to (Hospital) Emergency Room 10:00 P.M.: (Hospital) informed us resident (R1)</p>	F9999		
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F9999	<p>Continued From page 12 expired at 9:20 P.M."</p> <p>When interviewed on 5/24/07 at 11:10 A.M. , E6 (licensed practical nurse) stated that approximately 8:30 P.M. on 4/12/07, R1 was lying in bed in her room and was found lifeless. E6 also stated that after she had established that R1 was lifeless, E6 immediately stepped out of R1's room and failed to initiate CPR. E6 also stated that she informed E3 (registered nurse) to call for "Code Blue." E6 also stated that she let E7 (CNA-certified nurse assistant) stay with R1 while E6 went to get the emergency cart. Per E6, the emergency cart was placed in a locked room located at the end of the hallway. As E6 stated, it was so "frustrating" for her to get the emergency cart because she could not find the particular key to open the locked room. It was further stated by E6 that some staff came to help her open the locked room where the emergency cart was placed. As confirmed by E6, it had taken "approximately 5-10 minutes" before the emergency cart was made available. As E6 stated, the cardiac resuscitation board and the resuscitator were placed in the emergency cart. E6 also stated that the key for locked room where the emergency cart was kept was "mixed with a bunch of keys" for one key ring holder. E6 also stated that these keys were not labeled and this had created the confusion as to what particular key to use to open the locked room. Further stated by E6 was that "critical time" was wasted when she was trying to open the door to get the emergency cart.</p> <p>E9 and E10 (registered nurses) showed the surveyor on 5/24/07 at 10:30 A.M. the two sets of keys that the second floor nurses (second floor was where R1 had resided) hold in their</p>	F9999		
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F9999 Continued From page 13 F9999

possession. E9 and E10 confirmed, one set has 17 keys and the other set has 20 keys. These keys were not labeled as to what they are for and for what room, however it was observed that some keys had a colored rubber edging. As E9 and E10 confirmed that each set has the key to open the room for the emergency cart. E9 and E10 added that the rubber edging for the key to open the room for the emergency cart was just recently changed (2-3 weeks ago) by E1 (Director of nursing) to a bright colored pink from red.

When interviewed on 5/25/07 at 2:30 P.M., E8 (CNA) stated that she had helped E6(nurse) open the room for the emergency cart at the time that R1 had coded. E8 added that E6 was having a hard time opening the room and she herself was not able to open the door. E8 also stated that E4(registered nurse) came to help and finally opened the door and took the emergency cart to R1's room. Further stated by E8 that the cardiac resuscitation board was then placed behind R1's back since R1 was lying on a regular bed mattress.

When interviewed on 5/24/07 at 3:45 P.M., E4(registered nurse) stated that he had heard "Code Blue" on 4/12/07 at around 8:20 P.M. E4 also stated that he immediately went to R1's room and saw E3 and E5(registered nurses) checking R1's vital signs. E4 added that R1 was not breathing at that time and that E4 left the room to get the emergency cart which was not at R1's bedside. E4 confirmed that E8 was trying to open the locked room for the emergency cart when he arrived to help. E4 continued to state he was not successful in the first attempt to open the door, however was able to open it on the second attempt. E4 then immediately took the

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F9999 Continued From page 14  
emergency cart to R1's room and that E3 (nurse) placed the cardiac resuscitation board behind R1's back. E4 also stated that he then gave air ventilation to R1 initially using the resuscitator from the emergency cart and that E5 (registered nurse) did the cardiac compression. E4 continued to state that "it took approximately 10 minutes" from the the time that E4 had heard "Code Blue" up to the time that that emergency cart was delivered to R1's bedside.

F9999

When interviewed on 5/25/07 at 11:50 P.M., E7 (CNA) stated that she was at R1's bedside during the entire code on 4/12/07 at around 8:30 P.M. when it started. Per E7, E3 (registered nurse) did the cardiac compression without the cardiac resuscitation board. E7 also stated that neither E3 nor E5 had given mouth to mouth breathing for R1. R1 was given an air ventilation only when the resuscitator was made available. E7 stated that it took "approximately 7-10 minutes" before the emergency cart was made available when R1 coded. E7 also stated that the rubber edge color for the key to open the door for the emergency cart was changed after the incident of 4/12/07. E7 continued to add, "it took a while" before the emergency cart was made available and this should not be the case in time of emergency." E7 also added that the emergency cart (cardiac resuscitation board and resuscitator) should be made available in a manner that is quick and easy access for everyone when an emergency arises.

When interviewed on 5/24/07 at 3:45 P.M., E5 (registered nurse) stated that she was at R1's bedside when R1 had a cardiac arrest on 4/12/07 at around 8:30 P.M. Per E5, she gave initial cardiac compression without the cardiac

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F9999	<p>Continued From page 15</p> <p>resuscitation board and had not provided a mouth to mouth breathing when R1 was found with no pulse and no breathing. E5 also stated that air ventilation had begun when the emergency cart was made available because of the resuscitator. E5 further stated that the there were a bunch of keys in a key holder and that the key that opened the room for the emergency cart had a red rubber edging. Per E5, this red rubberized edging was changed to bright pink after the 4/12/07 incident because of confusion using the multiple set of keys.</p> <p>When interviewed on 5/24/07, E1 (Director of Nursing) stated that she had received information from E6 after 4/12/07 related to R1's cardiac arrest. Per E1, E6 reported that she had struggled finding the particular key to open the door where the emergency cart was kept. E1 also added that she had changed the rubber edge that was attached to the key for the room where the emergency cart was kept to a bright pink because the rubber edge was already disintegrating and also for the staff to easily identify the right key for the room where the emergency cart was placed.</p> <p>When interviewed on 5/24/07 at 11:10 A.M., Z1 (Village Health Department) stated that she came to the facility on 4/30/07. Per Z1, she had observed that a facility staff had a hard time locating the correct key and a hard time trying to open the door to the room for the emergency cart.</p> <p>When interviewed on 6/4/07 at 11:30 A.M., Z2 (attending physician) stated that R1 had a cardiac arrythmia due to chronic hypoxemia related to COPD (chronic obstructive pulmonary disease). Per Z2, he cannot be sure if there would have been a positive outcome even if appropriate CPR</p>	F9999		
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F9999	<p>Continued From page 16 was given to R1 when she coded on 4/12/07.</p> <p>When interviewed on 5/25/07 at 12:40 P.M., E3 (registered nurse) stated that she was at R1's bedside during R1's cardiac arrest on 4/12/07 at approximately 8:30 P.M. E3 also stated that R1 was lifeless and that initial cardiac compression was given by E4 (nurse) without providing air ventilation. Per E3, cardiac compression was stopped because there was no cardiac resuscitation board. E3 added that E4 stepped out to of R1's room to help get the emergency cart because there was a difficulty getting the cart from the locked room. E3 further stated that CPR was resumed when E4 came back with the emergency cart. E3 continued to state that it was "approximately 3-4 minutes" for the CPR cessation due to non availability of the cardiac resuscitation board and the resuscitator. E3 also stated that the key that opened the emergency cart room was with a bunch of keys in one key holder. The particular key to open the room where the emergency cart was kept had a red rubber edging, however, after the incident of 4/12/07, the color for the rubber edging was changed to a bright pink color.</p> <p>When interviewed on 5/24/07 at 3:35 P.M., E15 (CNA.) stated that she called 911 per E3's instruction on 4/12/07 when R1 had coded. E15 also added that she cannot remember the specific time when she called for 911.</p> <p>Review of facility's policy (adapted from American Heart Association) for CPR indicated to lay a victim on his back on a firm, flat surface. Further shown in this policy is to give 2 breaths (1 second each) if not breathing, then provide chest compressions.</p>	F9999			

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F9999	<p>Continued From page 17</p> <p>Review of R1's paramedic's report dated 4/12/07 indicated the following information: "Response information, nature of call: Cardiac /Respiration Arrest; call received; 20:42 , 4/12/07 dispatch; 20:42 ,4/12/07 en route; 20:44, 4/12/07 at scene; 20:46, 4/12/07 at patient ; 20:47, 4/12/07 transport; 21:03, 4/12/07."</p> <p>Surveyor noted a discrepancy in the times cited by facility staff as 8:30 P.M. as the alleged time of R1's cardiac arrest but the 911 call came in at 8:42 P.M. - a 12 minute gap. Further review of the paramedic's report indicated that upon arrival at the scene, R1 was "found supine on bed triple zero in care of nursing staff."</p> <p>When interviewed on 6/4/07 at 2:35 P.M., Z3 (Deputy Chief paramedics) stated that based from the narrative report dated 4/12/07, R1 was with no pulse, no breathing and no blood pressure when paramedics crew arrived at the scene of code. Z3 also added that "it is usually written in paramedics report that CPR in progress if indeed a CPR is ongoing upon arrival. "Surveyor noted that R1's paramedics report showed no indication that CPR was in progress when paramedics crew had arrived at R1's code.</p> <p>(A)</p>	F9999		
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