

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 08/25/2005
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145818	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 05/25/2005
NAME OF PROVIDER OR SUPPLIER ASTA CARE CENTER OF ROCKFORD			STREET ADDRESS, CITY, STATE, ZIP CODE 707 WEST RIVERSIDE BOULEVARD ROCKFORD, IL 61103		
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F9999	<p>FINAL OBSERVATIONS</p> <p>STATE VIOLATIONS ASSOCIATED WITH THE INVESTIGATION OF AN INCIDENT OCCURRING ON 05/14/05.</p> <p>300.610 a) 300.1210 a) 300.1210 b) 300.1210b)1) 300.1210 b) 2) 300.1220 b) 300.1220b)1) 300.1220b)6)</p> <p>The facility shall have written policies and procedures, governing all services provided by the facility which shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician, or the medical advisory committee and representatives of nursing and other services in the facility. These policies shall be in compliance with the Act and all rules promulgated thereunder . These written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, as evidenced by written, signed and dated minutes of such a</p>	F9999			

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F9999	<p>Continued From page 14 meeting.</p> <p>The facility must provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychosocial well-being of the resident, in accordance with each resident's comprehensive assessment and plan of care. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>Personal Care, as defined in section 300.330, is assistance with meals, dressing, movement, bathing or other personal needs or maintenance, or general supervision and oversight of the physical and mental well-being of an individual who is incapable of maintaining a private, independent residence or who is incapable of managing his person, whether or not a guardian has been appointed for such individual (Section 1-120 of the Act)</p> <p>General nursing care shall include at a minimum the following and shall be practiced on a 24-hour, seven day a week basis:</p> <ul style="list-style-type: none"> · Medications including oral, rectal, hypodermic, intravenous, and intramuscular shall be properly administered. · All treatments and procedures shall be administered as ordered by the physician. <p>The DON shall supervise and oversee the nursing services of the facility, including:</p> <ul style="list-style-type: none"> · Assigning and directing the activities of nursing service personnel. · Developing and maintaining nursing service objectives, standards of nursing practice, written policies and procedures, and written job 	F9999			

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F9999	<p>Continued From page 15</p> <p>descriptions for each level of nursing personnel.</p> <p>These regulations are not met as based on observation, interview, and record review which revealed that the facility failed to:</p> <ul style="list-style-type: none"> · Check R2's blood sugar level before giving 5 units of Humalog insulin subcutaneously on 5/14/05. · Check blood sugar levels as ordered. · Give sliding scale insulin as ordered. · Have a system to monitor bedtime snacks for residents that require insulin. · Make sure residents who receive short acting insulin eat before the medication peaks. <p>This is for 1 of 3 residents in the sample (R2) and 12 outside of the sample (R1, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15).</p> <p>The examples include:</p> <p>The nursing notes for R2, dated 5/14/05 at 6:50 AM documented, "I (11-7 nurse) saw resident lying in bed unresponsive to call. Checked blood sugar. Blood sugar was 30. As I was injecting Glucagon R2 stopped breathing. Cardiopulmonary resuscitation (CPR) was started. I instructed the certified nursing assistant (CNA) to call 911. At 6:55AM the ambulance and paramedics arrived and took over CPR and care of R2."</p> <p>The Physician Order Sheet (POS) dated 5/1/05 for R2 documented, "Humalog 100 units/ml vial - inject 5 units subcutaneously three times daily with meals. Blood sugar monitoring 4 times per day."</p>	F9999			

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F9999	<p>Continued From page 16</p> <p>The Blood Sugar Monitoring & Insulin record dated 5/14/05 for R2 documented, "Time - 6:00; Blood Sugar - none recorded; Insulin Given - 5 units Humalog."</p> <p>The facility's policy and procedure for Blood Sugar Monitoring documents:</p> <ul style="list-style-type: none"> · "1. Blood sugar monitorings are ordered by the physician. " and, · "12. Document results in the Medication Administration Record (MAR) and provide results to the physician as ordered." <p>The care plan for R2, dated 4/26/05, documented, "Problem - Insulin Dependent Diabetes mellitus. Approach - Blood sugar monitoring as ordered. Insulin as ordered. Monitor for signs and symptoms of hypo/ hyperglycemia."</p> <p>The Blood Sugar Monitoring and Insulin record for the day before 5/14/05 for R2 show on 5/13/05 the 6AM blood sugar was 232; 11AM blood sugar was 241; 5PM blood sugar was 216; and 9 PM blood sugar was 261.</p> <p>During an interview conducted on 5/18/05 at 9:30 AM, E2 (Director of Nursing - DON) stated, " blood sugars are checked at 6AM, 11AM, 5AM and at bedtime." E2 reviewed R2's MAR and Blood Sugar Monitoring & Insulin record dated 5/14/05, E2 stated, "E3 (Licensed Practical Nurse - LPN) documented that she gave 5 units of Humalog insulin subcutaneously (sub q) at 6AM on 5/14/05." E2 also stated, "R2 eats at the second setting. The meal times for that setting are 8:00AM, noon, and 6:00PM." E2 was shown R2's the MAR and POS dated 5/1/05 that</p>	F9999			

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F9999	<p>Continued From page 17</p> <p>documents that 5 units of Humalog was to be injected sub q three times daily with meals she stated, "That's not good." E2 stated, "We put on the MARS for our diabetic residents that they need bedtime snacks. It's not on R2's MAR."</p> <p>During an interview conducted on 5/19/05 at 7:40 AM, E3 (LPN) stated, "I worked with R2 for 18 days. I went in and checked R2's blood sugar and found it was low, so I gave him the Glucagon . I saw R2 wasn't breathing and then there was no pulse. I started CPR and called 911. I gave R2 Glucagon 1mg. R2 was unable to swallow orange juice and sugar. I had no other alternative. I gave it to him in the left deltoid. It's not on the protocol but R2 was unable to swallow ." When E3 was asked to tell what the onset was for Humalog insulin she stated, "I don't know."</p> <p>The hospital emergency department triage page dated 5/14/05 for R2 documented, "Chief complaint - unresponsive. Triage assessment note - Breathless, no pulse. 911 called. Emergency Medical System placed a combination tube and intravenous (IV) access and gave epinephrine, atropine, Narcan and 1 ampoule of dextrose. Narrative Notes - 7:07AM R2 arrives via Advanced Life Support unit with CPR in progress. 7:11AM Combi - tube secured airway with bilateral breath sounds. Heart rhythm currently pulseless electrical activity (PEA). Intermittent CPR held for pulse checks then CPR resumed with pulses noted. No response to any pain. Pupils are fixed at 4 and 4. 7:15AM - Blood Sugar 350 and strong carotid pulse. 9:30 AM - R2 transported to critical care unit... unresponsive."</p>	F9999			

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F9999	<p>Continued From page 18</p> <p>The hospital emergency department record dated 5/14/05 for R2 lists admitting diagnoses as Cardiopulmonary Arrest and Hypoglycemia.</p> <p>The hospital Physician Progress Record dated 5/14/05 for R2 documented, "58 year old male with hypoglycemia at skilled nursing facility and subsequent cardiac arrest with asystole. Patient was found at the nursing home this AM to be pulseless and not spontaneously breathing. Blood glucose was checked and found to be low. It is not entirely clear to me if he arrested before or following Glucagon administration. Per family the patient was mentating and breathing fine at the nursing home the day prior to this morning 's event. He recently had a left below the knee amputation and was at the nursing home for rehab from this surgery. Physical Exam: General - Unresponsive; Gaze fixed, Doll eyes, pupils fixed and non reactive."</p> <p>The Neurology Consultation for R2 dated 5/14/05 documented, "Impression: Anoxic more than metabolic encephalopathy.... Need to rule out reversible cause such a subclinical seizures, which I doubt. Plan: At this time prognosis is poor."</p> <p>The hospital neurology progress note for R2 dated 5/18/05 documented, "Functional neurology progress is poor."</p> <p>The hospital pulmonology progress note for R2 dated 5/18/05 documented, "Hypoxic encephalopathy, continue supportive care."</p> <p>On 5/18/05 at 10:30AM R2 was observed lying in bed in the critical care unit of a local hospital. R2</p>	F9999			

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F9999	<p>Continued From page 19</p> <p>had an endotracheal tube in his mouth that was attached to a ventilator to help him breathe.</p> <p>During an interview conducted on 5/18/05 at 10:15AM Z2 (R2's brother) stated, "R2 has lived on his own for the last 15 years. R2 has had diabetes since he was 4 years old. R2 has been consistent with checking his blood sugars and taking his insulin. R2 went to the nursing home for rehabilitation after his leg amputation and planned to return to his apartment."</p> <p>During an interview conducted on 5/18/05 at 10:15AM Z3 (R2's sister) stated, "R2 is on a ventilator. Two out of the 3 doctors asked us what happened. The doctor told us R2 did not have elevated enzymes, or any indicators of a heart attack. The nursing home told us they went to check R2's blood sugar because they found him unresponsive. One day over there R2 ate lunch and then they (nursing home staff) checked his blood sugar."</p> <p>During an interview conducted on 5/18/05 at 10:45AM Z1 (hospital physician) stated, "If the nursing home gave R2 Humalog without checking his blood sugar he became hypoglycemic. The hypoglycemia led to either a seizure or profound altered mental status which caused respiratory depression and led to cardiac arrest. Humalog has an onset of 15 minutes. R2 is still intubated because we are contending with decreased mentation. R2 has copious secretions and the fear is that if we take out the endotracheal tube he won't be able to manage his secretions because of his somnolence."</p> <p>All 25 insulin requiring diabetic residents in the</p>	F9999			

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F9999	<p>Continued From page 20</p> <p>facility were reviewed. Twelve (R1, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15) out of the 25 residents had problems with the management of their diabetes related to missing blood sugar monitoring, wrong doses of insulin given, insulin not given as ordered or not given at all.</p> <p>R1's POS dated 5/1/05 documented, "Blood Sugar Monitoring four times a day. Regular Insulin according to sliding scale 180-220 = 2 units, 221-260 = 3 units, 261-300 = 4 units, 301-340 = 5 units, 341-380 = 7 units, over 380 call MD." The Blood Sugar Monitoring and Insulin Record dated 5/11/05 for R1 documented a 5PM blood sugar of 204, no sliding scale insulin was given.</p> <p>R4's Blood Sugar Monitoring and Insulin record dated 5/15/05 documented a 6:00AM blood sugar of 197. The POS for R4 dated 5/1/05 documented he is to receive 2 units of Novolin R per sliding scale for a blood sugar between 150-200. There is no documentation R4 received this dose. The only insulin documented as being given at that time was 20 units of Novolin N.</p> <p>R5's Blood Sugar Monitoring and Insulin record dated 5/6/05 documented a 5:00PM blood sugar of 177. Seven units of Novolin N and 7 units of Novolin R were given as scheduled. The POS dated 5/1/05 documented R5 is to receive Humalog per sliding scale, 2 units for a blood sugar between 150 - 200. There is no documentation showing R5 received this dose of Humalog.</p> <p>R6's Blood Sugar Monitoring and Insulin record</p>	F9999			

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F9999	<p>Continued From page 21</p> <p>dated 5/3/05 documented a 5PM blood sugar of 169 and that 4 units of Novolin R was given (2 units should have been given). On 5/4/05 the 11 AM blood sugar was documented as 303 and 10 units of Novolin R was given (8 units should have been given). On 5/9/05 the 11AM blood sugar was documented as 228 and 2 units of Novolin R was given (4 units should have been given). The POS dated 5/1/05 documented, "Novolin R 100 units/ml vial - 150-200 = 2 units, 201-250 = 4 units, 251-300 = 6 units, 301-350 = 8 units, 351-400 = 10 units, <60 or >400 call MD.</p> <p>R7's POS dated 5/1/05 documented, "Blood sugar monitoring three times daily. Novolin R 101-150 = 2 units, 151-200 = 4 units...." The Blood sugar monitoring and Insulin record dated 5/11/05 for R7 had no 6AM blood sugar recorded and documented that 4 units of the sliding scale Novolin R was given. On 5/15/05 the 6AM blood sugar was documented as 174, no sliding scale insulin was documented as being given.</p> <p>R8's POS dated 5/1/05 documented, "Blood sugar monitoring every morning. Novolin R 150-200 = 2 units, 201-250 = 4 units...." The Blood Sugar Monitoring and Insulin record dated 5/12/05 for R8 documented a 6AM blood sugar of 206, no sliding scale insulin was given. On 5/16/05 the 6AM blood sugar was 169, no sliding scale insulin was given.</p> <p>R9's POS dated 5/1/05 documented, "Blood Sugar Monitoring three times a day. Novolin R 151-200 = 2 units, 201-250 = 4 units, 251-300 = 6 units, 301-350 = 8 units, 351-400 = 10 units, > 400 = call MD." The Blood Sugar Monitoring and Insulin record dated 5/14/05 for R9 had no</p>	F9999			

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F9999	<p>Continued From page 22</p> <p>documentation of a blood sugar at 5PM or sliding scale insulin being given. On 5/18/05 the 6AM blood sugar was 151, no sliding scale insulin was given.</p> <p>R10's POS dated 5/1/05 documented, "Blood Sugar Monitoring two times a day. Novolin R 150-200 = 2 units, 201-250 = 4 units, 251-300 = 6 units" The Blood Sugar Monitoring and Insulin record dated 5/6/05 for R10 documented a 6AM blood sugar of 154, no sliding scale insulin was given. On 5/13/05 a 5PM blood sugar of 170 was documented and 4 units of Novolin R was given (2 units should have been given).</p> <p>R11's POS dated 5/1/05 documented, "Blood Sugar Monitoring before meals and at bedtime. Novolin R 151-200 = 2 units, 201-250 = 4 units, 251-300 = 6 units, 301-350 = 8 units, 351-400 = 10 units." The Blood Sugar Monitoring and Insulin record dated 5/3/05 for R11 documented an 11AM blood sugar of 355 and 8 units of Novolin R was given (10 units should have been given). On 5/6/05 the 5PM blood sugar was 147 and 4 units of Novolin R was given (no sliding scale insulin should have been given). The 9PM blood sugar was 244, no sliding scale insulin was given. On 5/15/05 the 6AM blood sugar was 252, no sliding scale insulin was given.</p> <p>R12's POS dated 5/1/05 documented, "Blood Sugar Monitoring twice a day. Novolin R 151-200 = 2 units, 201-250 = 4 units, 251-300 = 6 units, >301 = call MD." The Blood Sugar Monitoring and Insulin record dated 5/12/05 for R 12 documented a 5PM blood sugar of 178, no sliding scale insulin was given.</p>	F9999			

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F9999	Continued From page 23 R13's POS dated 5/1/05 documented, "Blood Sugar Monitoring twice a day. Novolin R 201-250 = 2 units, 251-300 = 4 units." The Blood Sugar Monitoring and Insulin Record dated 5/9/05 for R13 at 5PM documented a blood sugar of 218, no sliding scale insulin was given. R14's POS dated 5/1/05 documented, "Blood Sugar Monitoring three times a day. Novolin R 151-200 = 2 units, 201-250 = 4 units, 251-300 = 6 units." The Blood Sugar Monitoring and Insulin Record dated 5/2/05 documented an 11AM blood sugar of 257, 2 units of Novolin R was given (should have given 6 units). At 5PM the blood sugar was 200, 4 units of Novolin R was given (no sliding scale insulin should have been given). R15's POS dated 5/1/05 documented, "Blood Sugar Monitoring four times daily. Novolin R 151-200 = 2 units, 201-250 = 4 units." The Blood Sugar Monitoring and Insulin Record dated 5/4/05 documented a 9PM blood sugar of 188, no sliding scale insulin was given. On 5/8/05 at 9PM the blood sugar was 198, no sliding scale insulin was given.	F9999			